



St Bede's Childcare Ltd

Sun Safety Policy

Safeguarding and Welfare Requirement:

Providers must promote the good health of children and take necessary steps to keep children safe. (EYFS 2024, 3.2 & 3.51)

Policy Statement

St Bede's Childcare is committed to ensuring that all children are protected from the harmful effects of the sun. We recognise that too much exposure to ultraviolet (UV) radiation can cause sunburn, dehydration, and long-term health risks, including skin cancer.

We aim to provide a safe environment where children can enjoy outdoor play while being protected from sun exposure.

Aims

We aim to:

- Protect children from harmful sun exposure
- Promote safe outdoor play
- Work in partnership with parents/carers
- Encourage children to develop healthy sun safety habits

Sun Safety Measures

We follow the key principles of:

- **Wear** protective clothing
- **Wear** sunscreen
- **Wear a hat outdoors**
- **Seek** shade
- **Put** on sunglasses (where appropriate)

Outdoor Play and Shade

- Outdoor play will be:
 - Planned to avoid peak sun times (11am–3pm where possible)
- Shaded areas will be used, including:
 - Trees
 - Canopies



- Umbrellas
- Children will be encouraged to play in shaded areas during hot weather

Clothing

- Children should wear:
 - Lightweight, loose-fitting clothing
 - Tops that cover shoulders
 - Sun hats with a wide brim or neck protection
- Parents/carers will be asked to provide appropriate clothing

Sunscreen

- Sunscreen will be provided for all children unless parents request to provide an alternative brand. **Solton Factor 50+ will be used**
- Sunscreen will be:
 - Applied before outdoor play
 - Reapplied regularly, especially after water play
- Parents/carers must:
 - Provide consent for sunscreen application
 - Provide their own sunscreen if you would like an alternative brand – this must be a minimum of factor 30

Hydration

- Fresh drinking water will be available at all times
- Children will be encouraged to drink regularly
- Staff will monitor children for signs of dehydration

Babies and Younger Children

- Babies under 6 months will be:
 - Kept out of direct sunlight
 - Protected using shade and clothing
- Extra care will be taken with younger children



Safeguarding and Health

- Staff will monitor children for signs of:
 - Sunburn
 - Heat exhaustion
 - Dehydration
- Any concerns will be:
 - Reported to the **Designated Safeguarding Lead (DSL)** if necessary
 - Shared with parents/carers
- First aid will be administered where appropriate

Working with Parents/Carers

We will:

- Inform parents/carers of sun safety procedures
- Request appropriate:
 - Clothing
 - Hats
 - Sunscreen if do not consent to the use of our cream
- Communicate any concerns regarding children's health

Staff Responsibilities

Staff must:

- Ensure children are protected from sun exposure
- Apply sunscreen as required
- Encourage hydration
- Supervise children appropriately outdoors
- Act as positive role models

Monitoring and Review

- Sun safety practices will be monitored by management
- This policy will be reviewed annually or during periods of extreme weather