



St Bede's Childcare Ltd

Nappy Changing Policy

Safeguarding and Welfare Requirement:

Providers must take all necessary steps to safeguard and promote the welfare of children and ensure good hygiene practices. (EYFS 2024, 3.4–3.7)

Policy Statement

St Bede's Childcare is committed to ensuring that all children receive safe, hygienic, and respectful nappy changing. We recognise that nappy changing is an important part of a child's health, wellbeing, and development, and will always be carried out in a way that protects dignity and promotes independence.

This policy should be read alongside our **Intimate Care Policy**, **Safeguarding and Child Protection Policy**, and **Health and Wellbeing Policy**.

Principles

We will:

- Maintain high standards of hygiene and infection control
- Treat children with dignity and respect at all times
- Promote children's independence where appropriate
- Ensure safe and consistent procedures
- Work in partnership with parents/carers

Parental Consent

- Written consent for nappy changing will be obtained on admission
- Parents/carers will provide:
 - Nappies
 - Wipes
 - Creams (where required)
- Information about children's routines and needs will be shared and updated regularly

Procedure for Nappy Changing

Staff will follow a clear procedure:

1. **Preparation**
 - Wash hands and put on gloves and apron
 - Gather all required items



- Ensure changing area is clean and ready

2. Changing the Child

- Explain to the child what is happening
- Place child safely on the changing area
- Remove nappy and clean the child appropriately
- Apply cream if required (with consent)
- Put on a clean nappy and dress the child

3. Aftercare

- Dispose of waste in a sealed nappy sack and appropriate bin
- Clean and disinfect the changing area
- Remove PPE and wash hands thoroughly

Hygiene and Infection Control

- Staff must:
 - Wear gloves and aprons for each change
 - Wash hands before and after each change
 - Clean changing areas after every use
- Nappy bins will be:
 - Secure
 - Emptied regularly
 - Kept out of children's reach
- Clean nappies and equipment will be stored separately from waste areas

Frequency of Changes

- Children will be **checked regularly** and changed as needed
- Changes will take place:
 - When nappies are wet or soiled
 - At routine intervals where appropriate

Recording and Communication

- Nappy changes will be recorded (e.g. via EyLog)
- Parents/carers will be informed of:



- Nappy changes
- Any concerns (e.g. rash, soreness)

Nappy Creams

- Creams will only be applied with **parental consent**
- Medicated creams will follow the **Medication Policy**
- All applications will be recorded

Safeguarding

- Nappy changing involves intimate care and will be carried out in line with **safer working practice**
- Staff will:
 - Remain visible or within hearing of others where possible
 - Be vigilant for any marks or injuries
- Any concerns must be reported immediately to the **Designated Safeguarding Lead (DSL)**
- Students and volunteers will **not carry out nappy changing**

Children with SEND

We will:

- Adapt procedures to meet individual needs
- Work with the **SENDCo** and parents/carers
- Develop individual care plans where required

Facilities

- Nappy changing areas will be:
 - Clean
 - Safe
 - Private while maintaining appropriate supervision
- Equipment will be:
 - Checked regularly
 - Maintained in good condition



Promoting Independence

- Children will be encouraged to:
 - Participate in the process (e.g. pulling up clothes)
 - Develop toileting skills when ready

Staff Responsibilities

Staff must:

- Follow all procedures
- Maintain professional boundaries
- Ensure children's dignity and safety
- Report concerns immediately

Monitoring and Review

- The Manager will monitor practice and hygiene standards
- Staff will receive regular training
- This policy will be reviewed annually