

Week One

Monday

Lunch Lasagne with mixed Vegetables

Flapjacks

Tea

Homemade Soup and a Sandwich

Strawberries and Banana

Tuesday

Lunch Fish Goujons, Potato Wedges and Peas

Orange and Pear

Tea Tomato Pasta Bake

Pineapple Slices

Wednesday

Lunch Minced Beef Hotpot with carrots and Sauté Potatoes

Natural/Greek Yogurt with fruit puree

Tea Jacket potato with Tuna or Cheese and Side Salad

Apple and Kiwi

Thursday

Lunch Roast Chicken, Roast Potatoes, Cauliflower and Gravy

Fruit Jelly

Tea Vegetable Fingers and Spaghetti Rings

Orange and Banana

Friday

Lunch Sweet and Sour Chicken with Rice and Sweetcorn

Apple and Pear

Tea Mixed Sandwiches with Pepper and Cucumber Sticks

Melon Slices