

Monday	Tuesday	Wednesday	Thursday	Friday
Snack Choice of assorted fruit pieces Water	Snack Choice of assorted fruit pieces Water	Snack Choice of assorted fruit pieces Water	Snack Choice of assorted fruit pieces Water	Snack Choice of assorted fruit pieces Water
Lunch Chicken or vegetable curry with rice & sweetcorn Pineapple wedges	Lunch Roast beef, roast potatoes with broccoli Plum sponge & custard	Lunch Meat & potato pie or red pepper lattice with red cabbage Fruit yoghurt	Lunch Shepherd's pie or vegetable pie with carrots Oat cookies	Lunch Breaded fish, homemade wedges with peas Crackers with jam
Tea Cheesy bean mash Fresh fruit	Tea Ham or cheese sandwiches Fresh fruit	Tea Vegetable fingers with spaghetti hoops Fresh fruit	Tea Vegetable ravioli with crusty bread Fresh fruit	Tea Turkey & cheese wraps with cherry tomatoes Fresh fruit

Week Two

Fresh water will be available throughout the day.