

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Snack</b> Choice of assorted fruit pieces Water	<b>Snack</b> Choice of assorted fruit pieces Water	<b>Snack</b> Choice of assorted fruit pieces Water	<b>Snack</b> Choice of assorted fruit pieces Water	<b>Snack</b> Choice of assorted fruit pieces Water
<b>Lunch</b> Pork or vegetarian sausages with mashed potato and beans  Apple & sultana scones	<b>Lunch</b> Roast turkey or quorn, roast potatoes & broccoli  Melon wedges	<b>Lunch</b> Beef or vegetable bolognaise with peas  Crackers with cheese & sultanas	<b>Lunch</b> Barbecue chicken or chai strips with rice & sweetcorn  Fruit cookies	<b>Lunch</b> Corned beef hash pie or vegetable hash pie with beetroot  Fruit yoghurt
<b>Tea</b> Crumpets with ham and cheese  Fresh fruit	<b>Tea</b> Homemade tomato soup with potato wedges  Fresh fruit	<b>Tea</b> Salmon fingers or country bake with spaghetti hoops  Fresh fruit	<b>Tea</b> Lentil & sweetcorn korma with naan bread  Fresh fruit	<b>Tea</b> Tuna & cheese sandwiches with finger vegetables  Fresh fruit

Week Three

Fresh water will be available throughout the day.