



## Nappy Changing Procedure

- Ensure the changing area is clean
- Collect the child's nappy and wipes
- Wash your hands
- Put on apron and gloves
- Put nappy sack ready on the bag hook
- Collect child and lift to the changing mat by placing your hands under the child's armpits
- Lie the child down making sure they are comfortable and talk/sing to them throughout
- Use the nappy changing toys if necessary
- Pull the child's lower item of clothing below their knees
- Remove the old nappy and ensure you clean the area thoroughly. **Remembering for girls wipe front to back only**
- Put on a clean nappy making sure it securely fits but not too tight
- Wipe over changing station using anti-bac and blue roll
- Wash hands, remove gloves and apron and put equipment away

**NEVER LEAVE A CHILD UNATTENDED ON THE  
CHANGING STATION**