



## Nappy Changing Policy

### **EYFS Legal Requirement:**

The provider must promote the good health of children attending the setting.

They must have a procedure, discussed with parents and/or carers, for responding to children who are ill or infectious, take necessary steps to prevent the spread of infection, and take appropriate action if children are ill.

(3.44 pg 25)

**Every Child Matters Outcome:** Being Healthy

This policy applies to

1. Early Years register (EYR)
2. The Childcare Register (CR)

### **Policy**

We aim to ensure that all children have safe, hygienic and frequent nappy changes whilst attending the nursery. Some younger children may still be toilet training or have incontinence for a prolonged period of time due to existing medical conditions. Others may not have achieved this yet within their stage of development.

### **Health and Safety**

- Only staff members who have an enhanced CRB or DBS check will be able to carry out nappy changes.
- A child who is wearing nappies will be changed every 3-4 hours whilst at nursery. This will be more frequent if a child has nappy rash or if they have soiled.
- The nursery provides protective wear for staff whilst changing nappies. All staff must wear a clear plastic apron, clear gloves and wash their hands after each nappy change. A clean changing mat, free from tears, will be wiped clean with antibacterial spray and blue roll after every change.
- All nappies will be placed in nappy sacks and disposed of within a nappy bin.
- All nappies and wipes will be provided by the parents and in the case of a child running out of their own, spares will be kept within the nursery.
- Clean nappies will be kept at a considerable distance from the nappy changing area to avoid cross contamination



- Nappy bins will be kept out of the reach of the children

### **Nappy creams**

Both medicated and non-medicated creams will be signed in by the parent as required and children who suffer from regular flares of nappy rash can keep cream within the nursery on a medical administration form. This will be signed by the staff member administering the cream at the nappy changing time. Medicated creams will follow the medication policy and only senior staff will administer these creams. Any medicated creams must be signed out at the end of each day by the parent.

### **Safeguarding and Intimate handling of children**

- When changing a child, all staff must remove the child's clothing past their knee to ensure that limbs are clearly visible and they should take note of any suspicious or unusual injuries found during the nappy change.
- Parents must understand that changing a child's nappy will involve intimate handling
- No volunteers or students will change a child's nappy
- All staff are encouraged to be vigilant for any signs or symptoms of improper practice
- All staff should be made aware of procedures to follow if a complaint is made against a fellow staff member
- See Safeguarding and Lifting and Handling procedures
- Intimate care practices such as applying creams and pessaries internally to genitals will not be carried out in the nursery

### **Facilities**

- There are accessible nappy changing facilities which are private, safe and which protect the dignity of the child at all times.

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